

# Buddy Brilliant



**For many carers, one of the biggest challenges they can face is the isolation that unfortunately is often part and parcel of caring for someone at home.**

Carers can appreciate the support, empathy and camaraderie of others in similar circumstances.

A new website – set up by Deborah Gundle, whose son has learning disabilities – is bringing hundreds

of carers together to share tips around caring for those with learning disabilities.

Netbuddy.org.uk offers hundreds of simple yet ingenious solutions to everyday issues encountered by parents, carers, teachers and therapists working with those with learning disabilities.

From creating calm before bedtime to preventing panic attacks on the bus, Netbuddy lists over 750 practical tips and suggestions from people with first-hand experience of special needs.

To find out more or contribute a tip, visit **[www.netbuddy.org.uk](http://www.netbuddy.org.uk)**



New Directions  
Crossroads care  
Winter  
2010